

# Trumbull County

Judge Pamela Rintala  
Judge Sandra Stabile Hardwood

## Program Name

Trumbull County Juvenile Court A.R.T.

## Program Intervention

Aggression Replacement Training (ART)

## Primary Service Location

Valley Counseling Services

## Program Description

- The purpose of this program is to reduce recidivism and out-of-home placements. Valley Counseling Services, a local community mental health agency provides facilitators who have been trained in the ART curriculum.
- The 30-hour Aggression Replacement Training (ART) curriculum appealed to the Court based upon the three areas of focus in the program – social skills, anger control, and moral reasoning. These program components match the needs of the selected program youth. The youth being served in the program are learning to improve their social skills, moral reasoning, and gaining skills to better manage their anger. Role playing, group interaction, and incentives are utilized to enhance the learning atmosphere.

## Outcome

57.9% of program participants did not incur any new charges following program termination.

Of those youth incurring new charges, 87.5% were within three months of termination and 12.5% were between three and six months of termination.

## Lessons Learned

Realizing that youth may have a valid reason to miss a class and it is important to be able to offer a make-ups session when appropriate.

## Program Snapshot

(As of June 30, 2016)

### Gender:

Male 100%

### Race/Ethnicity:

African American 33.3%

White 66.7%

### Age Range:

13 to 17

### Offense Level:

Felonies & Misdemeanors

### Youth Re-offense Risk Level:

Moderate & High

### Other Screens and Assessments:

OYAS Dispositional Tool

ART Overall Functioning Scales

### Program Start Date:

May 11, 2015

### Received Services:

18 youth

### Program Completion Successes:

13 Youth

### Average # of Service Units:

24.5 Direct Service Hours Per Successful Youth

### Program Partners:

- Trumbull County Juvenile Court
- Valley Counseling Services
- University of Cincinnati Corrections Institute

## Program Information Contact

Stacy Ziska

Juvenile Court Administrator

Trumbull County Juvenile Court

220 Main Ave SW

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330-675-2355

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# Trumbull County Early Successes - ART

“The Aggression Replacement Training Program (ART) has provided youth involved with our court an opportunity to gain skills that strengthen their decision making, improve social skills, and help to manage their anger control. Being able to serve youth locally in our community with this program has been essential in meeting the needs of our youth.”

**Judge Pamela A. Rintala**

“Trumbull County Children Services Residential Administration will continue to support the ART program. Our staff has witnessed positive outcomes in several of our youth who have participated in the program. One specific youth showed a 100% decrease in his physical aggression toward staff and peers. As a result, our facilities staff and administration views this program as a positive collaborative resource that can support and improve the functional well-being of the children and families we serve.”

**Dr. Francine E. Packard PhD LPCC-S,  
LICDC-CS, Admin. Clinical Services  
Trumbull County Children Services**

“The program has a positive impact on my son. The instructors were informative and very supportive. Initially, my son felt the program was a waste of time and he only participated because he was required to, but as the sessions progressed, so did he. He’s not perfect and still has slips with his anger, but has learned to use his words and not actions to communicate when he is frustrated or upset. I hope other children choose to work the program and to let the program work for them.”

**Parent of a Youth**

**Youth Success Story** – Youth was placed on probation in May of 2015 for Domestic Violence. While on probation, the youth’s father passed away and with the absence of any other alternative, the youth was placed in the custody of the local Children Services. The youth continued to act out and his aggression escalated.

The youth’s graduation from the ART program at the end of May was only one of his remarkable accomplishments over the past three months. Due to consistent and more appropriate behaviors, the youth has been allowed to return to school, is on track to graduate, and his probation soon terminated

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